

Planting Seeds of Hope Children's Center

Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
4/1/19 - 4/5/19	AM -Poptart & Juice LUNCH - Cheeseburger, Gr Beans, Pears, & Milk PM -Pretzels & Juice	AM -Yogurt & Juice LUNCH - Hamburger Tator Tot Casserole, Mixed Veggies, Peaches & Milk PM -Cheez Its Crackers & Juice	AM -Fruit bar & Juice LUNCH - Turkey Sliders, Corn, Mand. Oranges & Milk PM -Apples w/ Peanut Butter & Water	AM -Pancakes & Juice LUNCH - Pasta w/Meat Sauce, Peas, Mixed Fruit & Milk PM -Graham Crackers & Juice	AM -Mand. Oranges w/ Nilla Wafers & Water LUNCH - Hot Dog w/ Bun, Carrots, Applesauce & Milk PM -Crackers & Juice
4/8/19 - 4/12/19	AM -Cereal & Juice LUNCH - Personal Pepperoni Pizzas, Peas, Peaches & Milk PM -Oyster Crackers & Juice	AM -Fruit bar & Juice LUNCH - Mac & Cheese w/Hot Dog, Gr Beans, Applesauce & Milk PM -Pretzels w/ Cheese Stick & Water	AM -Pancakes & Juice LUNCH - Meat & Cheese Sandwich, Mixed Veggies., Pears & Milk PM -Goldfish & Juice	AM -Poptart & Juice LUNCH - Scalloped Potatoes w/Hamburger, Corn, Mand. Oranges & Milk PM -Crackers & Juice	AM -Yogurt & Juice LUNCH - Fish Sticks, Carrots, Mixed Fruit & Milk PM -Nilla Wafers & Juice
4/15/19 - 4/19/19	AM -Cereal & Juice LUNCH - Cheeseburger, Peas, Pears & Milk PM -Graham Crackers w/ Banana & Water	AM -Yogurt & Juice LUNCH - Pasta w/ Meat Sauce, Gr Beans, Mixed Fruit & Milk PM -Goldfish Crackers & Juice	AM -Pancakes & Juice LUNCH - PBJ Sandwich, Corn, Mand Oranges & Milk PM -Nilla Wafers & Juice	AM -Fruitbar & Juice LUNCH - Beef Ravioli, Carrots, Applesauce & Milk PM -Pretzels & Juice	CENTER CLOSED
4/22/19 - 4/26/19	AM -Yogurt & Juice LUNCH - Scalloped Potatoes w/Hamburger , Gr Beans, Peaches & Milk PM -Goldfish Crackers & Juice	AM -Fruit bar & Juice LUNCH - Mac & Cheese w/Hotdog, Peas, Applesauce, & Milk PM -Oyster Crackers w/ Peppers & Water	AM -Cereal & Juice LUNCH - Pizza Sliders, Mixed Veggies, Mand Oranges & Milk PM -No Crunch Bars & Juice	AM -Poptart & Juice LUNCH - Hot Dog & Bun, Corn Mixed Fruit & Milk PM -Cheez Its & Juice	AM -Muffins & Juice LUNCH - Hamburger Tator Tot Casserole, Carrots, Pears & Milk PM -Pretzels w/ Cheese Stick & Water

Juice is 100% Juice-Infant 2 always have milk to drink at all snacks and meals

Infant 2 do not get any Peanut Butter -PBJ is substituted with a meat & cheese with crackers

Fresh Fruit=Strawberries, Blueberries, Raspberries, and Bananas