

Planting Seeds of Hope Children's Center

Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
8/5/19 - 8/9/19	AM -Yogurt & Juice LUNCH - Meat & Cheese Sandwich, Gr Beans, Pears, & Milk	AM -Pancakes & Juice LUNCH - Hamburger Tator Tot Casserole, Mixed Veggies, Peaches & Milk	AM -Fruitbar & Juice LUNCH - Turkey Sliders w/Bun, Corn, Mand. Oranges & Milk	AM -Granola Bar & Juice LUNCH - Pasta w/Meat Sauce, Salad, Mixed Fruit & Milk	AM -Mand. Oranges w/ Nilla Wafers & Water LUNCH - Hot Dog w/ Bun, Carrots, Applesauce & Milk
	PM -Cheese Crackers & Juice	PM -Nilla Wafers & Juice	PM -Graham Crackers & Juice	PM -No Bake Crunch Bars & Juice	PM -Crackers & Juice
8/12/19 - 8/16/19	AM -Cereal & Juice LUNCH - Hamburger w/ Bun, Peas, Peaches & Milk	AM -Poptart & Juice LUNCH - Mac & Cheese w/Hot Dog, Gr Beans, Mixed Fruit & Milk	AM -Pancakes & Juice LUNCH - Scalloped Potatoes w/ Hamburger, Mixed Veggies, Pears & Milk	AM -Fruitbar & Juice LUNCH - Hamburger Taco Salad w/ Tortilla Chips, Corn, Mand. Oranges & Milk	AM -Yogurt & Juice LUNCH - Meat Ravioli, Carrots, Applesauce & Milk
	PM -Oyster Crackers & Juice	PM -Goldfish Crackers & Juice	PM -Nilla Wafers & Juice	PM -Pretzels, Cheese Stick & Water	PM -Crackers & Juice
8/19/19 - 8/23/19	AM -Granola Bar & Juice LUNCH - Cheeseburger, Peas, Mixed Fruit & Milk	AM -Poptart & Juice LUNCH - Pasta w/Meat Sauce, Gr Beans, Pears & Milk	AM -Pancakes & Juice LUNCH - Hamburger Tator Tot Casserole, Corn, Mand Oranges & Milk	AM -Muffins & Juice LUNCH - Meat & Cheese Sandwich, Carrots, Applesauce & Milk	AM -Cereal & Juice LUNCH - Fish Sticks, Mixed Veggies, Peaches & Milk
	PM -Pretzels & Juice	PM -Cheese Crackers & Juice	PM -Nilla Wafers & Juice	PM -Graham Cracker w/ Banana & Water	PM -Animal Crackers & Juice
8/26/19 - 8/30/19	AM - Fruitbar & Juice LUNCH - Mac & Cheese w/ Hot Dog, Peas, Peaches & Milk	AM -Cereal & Juice LUNCH - Scalloped Potatoes w/ Hamburger, Carrots, Applesauce & Milk	AM -Poptart & Juice LUNCH - Pepperoni Pizza Sliders, Mixed Veggies, Mixed Fruit & Milk	AM -Yogurt & Juice LUNCH - Hot Dog w/Bun, Corn, Mand Oranges & Milk	AM -Granola Bar & Juice LUNCH - Meat Ravioli, Gr Beans, Pears & Milk
	PM -Goldfish Crackers & Juice	PM -Crackers & Juice	PM -Pretzels & Juice	PM -Cheez Its & Juice	PM -Animal Crackers & Juice

Juice is 100% Juice-Infant 2 always have milk to drink at all snacks and meals

Infant 2 do not get any Peanut Butter -PBJ is substituted with a meat & cheese with crackers

Fresh Fruit=Strawberries, Blueberries, Raspberries, and Bananas