

## Planting Seeds of Hope Children's Center

### Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
6/4/18 - 6/8/18	<b>AM-Cereal &amp; Juice</b> <b>LUNCH-</b> Beef Ravioli, Gr Beans, Mixed Fruit & Milk  <b>PM-</b> Graham Crackers & Juice	<b>AM-Cheese Stick w/Apple &amp; Water</b> <b>LUNCH-</b> Pepperoni Pizza Sliders, Mixed Veggies., Mand. Oranges & Milk <b>PM-Pretzels &amp; Juice</b>	<b>AM-Poptart &amp; Juice</b> <b>LUNCH-</b> Meat & Cheese Sandwich, Carrots, Pears & Milk <b>PM-Crackers &amp; Juice</b>	<b>AM-Pancakes &amp; Juice</b> <b>LUNCH-</b> Tator Tot Hamburger Cass., Peas, Applesauce & Milk <b>PM-No Bake Crunch Bar &amp; Juice</b>	<b>AM-Mand Oranges &amp; Nilla Wafers &amp; Water</b> <b>LUNCH-</b> Fish Sticks, Corn, Peaches & Milk <b>PM-Animal Crackers &amp; Juice</b>
6/11/18 - 6/15/18	<b>AM-Yogurt &amp; Juice</b> <b>LUNCH-</b> Mac & Cheese w/Hotdog, Carrots, Applesauce, & Milk <b>PM-Oyster Crackers w/ Peppers &amp; Water</b>	<b>AM- Fruitbar &amp; Juice</b> <b>LUNCH-</b> Cheeseburger w/ bun, Mixed Veg., Mixed Fruit & Milk <b>PM-Goldfish Crackers &amp; Milk</b>	<b>AM-Cereal &amp; Juice</b> <b>LUNCH-</b> Diced Turkey, Rice, Corn, Pears & Milk  <b>PM-Pretzels &amp; Juice</b>	<b>AM-Poptart &amp; Juice</b> <b>LUNCH-</b> Pepperoni Pizza Roll Ups, Gr Beans, Peaches & Milk  <b>PM-Cheez Its &amp; Juice</b>	<b>AM-Muffins &amp; Juice</b> <b>LUNCH-</b> PBJ Sandwich, Corn, Mand. Oranges & Milk  <b>PM-Animal Crackers &amp; Juice</b>
6/18/18 - 6/22/18	<b>AM-Fruitbar &amp; Juice</b> <b>LUNCH-</b> Hot Dog w/Bun, Gr Beans, Pears, & Milk  <b>PM-Apples w/Peanut Butter &amp; Water</b>	<b>AM-Pancakes &amp; Juice</b> <b>LUNCH-</b> Pasta w/Meat Sauce, Mixed Veggies, Peaches & Milk <b>PM-Cheez Its Crackers &amp; Juice</b>	<b>AM-Poptart &amp; Juice</b> <b>LUNCH-</b> Scalloped Potato Hamburger Casserole, Corn, Mand. Oranges & Milk <b>PM- Nilla Wafers &amp; Juice</b>	<b>AM-Yogurt &amp; Juice</b> <b>LUNCH-</b> PBJ Sandwich, Peas, Mixed Fruit & Milk  <b>PM-Graham Crackers &amp; Juice</b>	<b>AM-Cereal &amp; Juice</b> <b>LUNCH-</b> Fish Sticks, Carrots, Applesauce & Milk  <b>PM-Crackers &amp; Juice</b>
6/25/18 - 6/29/18	<b>AM-Poptart &amp; Juice</b> <b>LUNCH-</b> Turkey Sliders, Corn, Peaches & Milk  <b>PM-Animal Crackers &amp; Juice</b>	<b>AM-Fruitbar &amp; Juice</b> <b>LUNCH-</b> Mac & Cheese w/HotDog, Gr Beans, Mand Oranges & Milk <b>PM-Goldfish Crackers &amp; Juice</b>	<b>AM-Butter Toast &amp; Juice</b> <b>LUNCH-</b> Meat Ravioli, Peas, Pears & Milk  <b>PM-Pretzels, Cheese Stick, &amp; Water</b>	<b>AM-Yogurt &amp; Juice</b> <b>LUNCH-</b> Hamburger Sandwich, Carrots, Mixed Fruit & Milk <b>PM-Oyster Crackers w/ Peppers &amp; Water</b>	<b>AM-Muffins &amp; Juice</b> <b>LUNCH-</b> Hot Dog w/ Bun, Mixed Veggies., Applesauce, & Milk  <b>PM-Cheez Its Crackers &amp; Juice</b>

Juice is 100% Juice-Infant 2 always have milk to drink at all snacks and meals

Infant 2 do not get any Peanut Butter -PBJ is substituted with a meat & cheese with crackers

Fresh Fruit=Strawberries, Blueberries, Raspberries, and Bananas