

## Planting Seeds of Hope Children's Center

### Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
3/5/18 - 3/9/18	<b>AM-Fruit Bar &amp; Juice</b> <b>LUNCH-</b> Hamburger on Bun, Mixed Veg., Peaches & Milk <b>PM-Nilla Wafers &amp; Juice</b>	<b>AM-Butter Toast &amp; Juice</b> <b>LUNCH-</b> Mac & Cheese w/HotDog, Gr Beans, Mand Oranges & Milk <b>PM-Goldfish Crackers &amp;                      Juice</b>	<b>AM-Cereal &amp; Juice</b> <b>LUNCH-</b> Scalloped Potatoes & Hamburger Cass., Peas, Pears & Milk <b>PM-Pretzels, Cheese                      Stick, &amp; Water</b>	<b>AM-Yogurt &amp; Juice</b> <b>LUNCH-</b> Pepperoni Pizza Sliders, Carrots, Mixed Fruit & Milk <b>PM-Oyster Crackers w/                      Peppers &amp; Water</b>	<b>AM-Muffins &amp; Juice</b> <b>LUNCH-</b> Hot Dog w/ Bun, Corn, Applesauce, & Milk <b>PM-Cheez Its Crackers &amp;                      Juice</b>
3/12/18 - 3/16/18	<b>AM-Cereal &amp; Juice</b> <b>LUNCH-</b> Beef Ravioli, Gr Beans, Mixed Fruit & Milk <b>PM- Graham Crackers &amp;                      Milk</b>	<b>AM-Cheese Stick                      w/Apple &amp; Water</b> <b>LUNCH-</b> Turkey Sliders, Mashed Potatoes, Mand. Oranges & Milk <b>PM-Pretzels &amp; Milk</b>	<b>AM-Poptart &amp; Juice</b> <b>LUNCH-</b> Chicken Noodle Soup, Carrots, Pears & Milk <b>PM-Crackers &amp; Juice</b>	<b>AM-Pancakes &amp; Juice</b> <b>LUNCH-</b> Tator Tot Hamburger Cass., Peas, Applesauce & Milk <b>PM-No Bake Crunch Bar                      &amp; Juice</b>	<b>AM-Mand Oranges &amp; Milk</b> <b>LUNCH-</b> Fish Sticks, Corn, Peaches & Milk <b>PM-Animal Crackers &amp;                      Juice</b>
3/19/18 - 3/23/18	<b>AM-Cereal &amp; Juice</b> <b>LUNCH-</b> Mac & Cheese w/ Hotdog, Carrots, Applesauce, & Milk <b>PM-Oyster Crackers w/                      Peppers &amp; Water</b>	<b>AM- Fruitbar &amp; Juice</b> <b>LUNCH-</b> Cheeseburger w/ Bun, Mixed Veg., Mixed Fruit & Milk <b>PM-Goldfish Crackers &amp;                      Milk</b>	<b>AM-Yogurt &amp; Juice</b> <b>LUNCH-</b> Diced Turkey, Mashed Potatoes, Peas, Pears & Milk <b>PM-Pretzels &amp; Juice</b>	<b>AM-Poptart &amp; Juice</b> <b>LUNCH-</b> Beef Mini Tacos, Corn, Peaches & Milk <b>PM-Cheez Its &amp; Juice</b>	<b>AM-Muffins &amp; Juice</b> <b>LUNCH-</b> PBJ Sandwich, Gr Beans, Mand Oranges & Milk <b>PM-Animal Crackers &amp;                      Juice</b>
3/26/18 - 3/30/18	<b>AM-Yogurt &amp; Juice</b> <b>LUNCH-</b> Personal Pepperoni Pizza, Gr Beans, Pears, & Milk <b>PM-Apples w/Peanut                      Butter &amp; Water</b>	<b>AM-Butter Toast &amp; Juice</b> <b>LUNCH-</b> Tator Tot & Hamburger Casserole, Mixed Veggies, Peaches & Milk <b>PM-Cheez Its Crackers &amp;                      Juice</b>	<b>AM-Pancakes &amp; Juice</b> <b>LUNCH-</b> Taco & Hamburger Soup, Corn, Mixed Fruit & Milk <b>PM-No Bake Crunch Bars                      &amp; Juice</b>	<b>AM-Fruitbar &amp; Juice</b> <b>LUNCH-</b> Pasta w/Meat Sauce, Peas, Applesauce & Milk <b>PM-Graham Crackers                      w/ Banana &amp; Water</b>	 <b>GOOD                      FRIDAY</b> CENTER CLOSED

Juice is 100% Juice-Infant 2 always have milk to drink at all snacks and meals

Infant 2 do not get any Peanut Butter -PBJ is substituted with a meat & cheese with crackers

Fresh Fruit=Strawberries, Blueberries, Raspberries, and Bananas