

Planting Seeds of Hope Children's Center

Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
4/30/18 - 5/4/18	AM-Fruit Bar & Juice LUNCH- Hamburger on Bun, Peas, Peaches & Milk PM-Nilla Wafers & Juice	AM-Butter Toast & Juice LUNCH- Mac & Cheese w/HotDog, Gr Beans, Mand Oranges & Milk PM-Goldfish Crackers & Juice	AM-Cereal & Juice LUNCH- Scalloped Potatoes w/ Hamburger, Mixed Veggies., Pears & Milk PM-Pretzels, Cheese Stick, & Water	AM-Yogurt & Juice LUNCH- Pepperoni Pizza Sliders, Carrots, Mixed Fruit & Milk PM-Oyster Crackers w/ Peppers & Water	AM-Muffins & Juice LUNCH- Hot Dog w/ Bun, Corn, Applesauce, & Milk PM-Cheez Its Crackers & Juice
5/7/18 - 5/11/18	AM-Cereal & Juice LUNCH- Beef Ravioli, Gr Beans, Mixed Fruit & Milk PM- Graham Crackers & Juice	AM-Cheese Stick w/Apple & Water LUNCH- Hamburger Sloppy Joe Bake, Mixed Veggies. , Mand. Oranges & Milk PM-Pretzels & Juice	AM-Poptart & Juice LUNCH- Meat & Cheese Sandwich, Carrots, Pears & Milk PM-Crackers & Juice	AM-Pancakes & Juice LUNCH- Tator Tot Hamburger Cass., Peas, Applesauce & Milk PM-No Bake Crunch Bar & Juice	AM-Mand Oranges & Nilla Wafers & Water LUNCH- Fish Sticks, Corn, Peaches & Milk PM-Animal Crackers & Juice
5/14/18 - 5/18/18	AM-Yogurt & Juice LUNCH- Mac & Cheese w/Hotdog, Carrots, Applesauce, & Milk PM-Oyster Crackers w/ Peppers & Water	AM- Fruitbar & Juice LUNCH- Cheeseburger w/ bun, Mixed Veg., Mixed Fruit & Milk PM-Goldfish Crackers & Milk	AM-Cereal & Juice LUNCH- Diced Turkey, Rice, Corns, Pears & Milk PM-Pretzels & Juice	AM-Poptart & Juice LUNCH- Pepperoni Pizza Roll Ups, Gr Beans, Peaches & Milk PM-Cheez Its & Juice	AM-Muffins & Juice LUNCH- PBJ Sandwich, Corn, Mand. Oranges & Milk PM-Animal Crackers & Juice
5/21/18 - 5/25/18	AM-Fruitbar & Juice LUNCH- Hot Dog w/Bun, Gr Beans, Pears, & Milk PM-Apples w/Peanut Butter & Water	AM-Pancakes & Juice LUNCH- Turkey Sliders, Mixed Veggies, Peaches & Milk PM-Cheez Its Crackers & Juice	AM-Poptart & Juice LUNCH- Doritos Taco Hamburger Bake, Corn, Mand. Oranges & Milk PM-No Bake Crunch Bars & Juice	AM-Yogurt & Juice LUNCH- Pasta w/Meat Sauce, Peas, Mixed Fruit & Milk PM-Graham Crackers w/ Banana & Water	AM-Cereal & Juice LUNCH- Fish Sticks, Carrots, Applesauce & Milk PM-Crackers & Juice
5/28/18 - 6/1/18	CENTER CLOSED	AM-Fruitbar & Juice LUNCH- Mac & Cheese w/HotDog, Gr Beans, Mand Oranges & Milk PM-Goldfish Crackers & Juice	AM-Butter Toast & Juice LUNCH- Meat Ravioli, Peas, Pears & Milk PM-Pretzels, Cheese Stick, & Water	AM-Yogurt & Juice LUNCH- Hamburger Sandwich, Carrots, Mixed Fruit & Milk PM-Oyster Crackers w/ Peppers & Water	AM-Muffins & Juice LUNCH- Hot Dog w/ Bun, Mixed Veggies., Applesauce, & Milk PM-Cheez Its Crackers & Juice

Juice is 100% Juice-Infant 2 always have milk to drink at all snacks and meals

Infant 2 do not get any Peanut Butter -PBJ is substituted with a meat & cheese with crackers

Fresh Fruit=Strawberries, Blueberries, Raspberries, and Bananas

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