


Planting Seeds of Hope Children's Center

Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
11/5/18 - 11/9/18	AM- Poptart & Juice LUNCH- Hot Dog w/ bun, Peas, Mand Oranges & Milk PM- Goldfish Crackers & Juice	AM- Fruitbar & Juice LUNCH- Mac & Cheese w/ Hotdog, Carrots, Applesauce, & Milk PM- Oyster Crackers w/ Peppers & Water	AM- Cereal & Juice LUNCH- Pepp. Pizza, Mixed Veggies, Pears & Milk PM- Pretzels & Juice	AM- Yogurt & Juice LUNCH- Tomato Soup w/ Grilled Cheese, Gr Beans, Peaches & Milk PM- Cheez Its & Juice	AM- Muffins & Juice LUNCH- Fish Sticks, Corn, Mixed Fruit & Milk PM- Animal Crackers & Juice
11/12/18 - 11/16/18	AM- Fruitbar & Juice LUNCH- Hamburger w/ Bun, Gr Beans, Pears, & Milk PM- Apples w/ Peanut Butter & Water	AM- Pancakes & Juice LUNCH- Hamburger Tator Tot Casserole, Mixed Veggies, Peaches & Milk PM- Cheez Its Crackers & Juice	AM- Poptart & Juice LUNCH- Turkey Sliders, Corn, Mand. Oranges & Milk PM- No Bake Crunch Bars & Juice	AM- Yogurt & Juice LUNCH- Pasta w/ Meat Sauce, Peas, Mixed Fruit & Milk PM- Graham Crackers w/ Banana & Water	AM- Mand. Oranges w/ Nilla Wafers & Water LUNCH- PB&J Sandwich, Carrots, Applesauce & Milk PM- Crackers & Juice
11/19/18 - 11/23/18	AM- Cereal & Juice LUNCH- Meat & Cheese Sandwich, Peas, Peaches & Milk PM- Nilla Wafers & Juice	AM- Butter Toast & Juice LUNCH- Mac & Cheese w/ Hotdog, Gr Beans, Mand Oranges & Milk PM- Goldfish Crackers & Juice	AM- Fruitbar & Juice LUNCH- Meat Ravioli, Mixed Veggies, Pears & Milk PM- Pretzels, Cheese Stick & Water	CENTER CLOSED 	CENTER CLOSED
11/26/18 - 11/30/18	AM- Poptart & Juice LUNCH- Hot Dog w/ bun, Peas, Mixed Fruit & Milk PM- Graham Crackers & Juice	AM- Fruitbar & Juice LUNCH- Scalloped Potatoes w/ Hamburger, Corn, Mand. Oranges & Milk PM- Pretzels w/ Hummus & Juice	AM- Yogurt & Juice LUNCH- Meat & Cheese Sandwich, Gr Beans, Pears & Milk PM- Crackers & Juice	AM- Pancakes & Juice LUNCH- Chicken Noodle Soup, Carrots, Applesauce & Milk PM- No Bake Crunch Bar & Juice	AM- Cereal & Juice LUNCH- Fish Sticks, Mixed Veggies, Peaches & Milk PM- Animal Crackers & Juice

Juice is 100% Juice-Infant 2 always have milk to drink at all snacks and meals
 Infant 2 do not get any Peanut Butter -PBJ is substituted with a meat & cheese with crackers
 Fresh Fruit=Strawberries, Blueberries, Raspberries, and Bananas

**Planting Seeds of Hope Children's Center
Menu**

**10/29/18
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11/2/18**

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Infant 2 do not get any Peanut Butter -PBJ is substituted with a meat & cheese with crackers
Fresh Fruit=Strawberries, Blueberries, Raspberries, and Bananas