## Planting Seeds of Hope Children's Center Menu

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
	AM-Cereal & Juice	AM-Cottage Cheese w/	AM-French Toast &	AM-Hard Boiled Egg &	AM-Granola Bar &
		Cracker & Water	Juice	Juice	Juice
2/3/25	LUNCH-	LUNCH-	LUNCH-	LUNCH-	LUNCH-
-	PBJ Sandwich, Corn,	Pepperoni Pizza	Chicken Noodle Soup w/	Hamburger w/Bun,	Meat Ravioli, Mixed
2/7/25	Peaches	Burgers,Gr. Beans,	Crackers, Carrots,	Peas, Pears	Vegetables, Mand.
		Pineapple	Applesauce		Oranges
	PM-Fig Newton & Juice	PM-Chex Mix & Juice	PM-PB Crackers &	PM-Pretzels & Juice	PM- Cheese Stick w/
			Water		Crackers & Water
	AM-Mand. Oranges w/	AM-Pancakes & Juice	AM-Yogurt, Graham	AM-Sausage Patty &	AM - Muffins & Juice
	Wafers & Water	LUNCH-	Cracker & Water	Juice	LUNCH-
2/10/25	LUNCH-	Pasta with Hamburger,	LUNCH-	LUNCH-	Beef Burrito, Carrots,
-	Hot Dog w/ Bun, Corn,	Green Beans, Mand.	Hamburger Taco Rice	Scalloped Potatoes w/	Pears
2/14/25	Peaches	Oranges	Casserole, Peas,	Kabasa, Mixed	<b>PM-</b> Broccoli w/ Ranch
			Applesauce	Vegetables, Pineapple	& Juice
	PM-Goldfish & Juice	PM-Apple with Peanut		PM-Pudding w/ Wafers	
		Butter and Water	PM-Cheez Its & Juice	& Water	
	AM-French Toast with	AM-Granola Bars &	AM-Oatmeal & Juice	AM-Cereal & Juice	<b>AM-</b> ½ Banana w/
	Juice	Juice	LUNCH-	LUNCH-	Wafers & Water
2/17/25	LUNCH-	LUNCH-	Pasta with Pepperoni,	Chicken Sandwich,	
-	Mac & Cheese w/ Hot	Cheeseburger w/ Bun,	Peas, Applesauce	Green Beans, Peaches	LUNCH-
2/21/25	Dogs, Carrots, Pears	Corn, Mand. Oranges	PM-Oyster Crackers &	<b>PM</b> -Fig Newton & Juice	Fish Sticks, Mixed
	PM -Pretzels & Juice		Juice		Vegs, Pineapple
	_	PM-PB Crackers & Water			PM-Chex Mix & Juice
	AM-Yogurt, Graham	AM-Muffins & Juice	AM-Pancakes & Juice	AM-Oatmeal & Juice	AM-Scrambled Eggs &
	Cracker & Water	LUNCH-	LUNCH-	LUNCH-	Juice
2/24/25	LUNCH-	Hamburger Taco Bowls,	Tater Tot Hamburger	PBJ Sandwich, Mixed	LUNCH-
-	Chicken Noodle Soup w/	Corn, Peaches	Casserole, Gr Beans,	Vegs, Mand Oranges	Scalloped Potatoes w/
2/28/25	Crackers, Carrots, Pears	PM-Broccoli w/ Ranch &	Pineapple	<b>5.1</b> 5 10 10 10 10 10	Kalabasa, Peas,
		Juice	PM-Cheese Stick w/	<b>PM</b> -Pudding with Vanilla	Applesauce
	PM-Goldfish & Juice		Crackers & Water	Wafers & Water	PM-Cheez Its & Juice

Milk is served with all lunches. Juice is 100%. Infant 2 children are always served milk. Any snacks that are dairy will be served with an additional grain. Infant 2 children are not served Peanut Butter-PBJ is substituted with a meat & cheese with crackers & PB Crackers are substituted with other crackers